

# Aggressive Driving Transportation

*Traffic has increased greatly, but roads have not been built to absorb it. Motorists become frustrated and aggressive driving results. It's important to remain focused and safe. Do not let stress in bad traffic overwhelm you. Review the following safety tips with your employees.*

## Tool Box Tips

- Correct your own unsafe driving habits that are likely to endanger, antagonize or provoke other drivers. Keep your cool in traffic.
- Focus on driving and reduce distractions including:
  - Cell phone
  - Eating and drinking
  - GPS system, CD player and radio
- Be patient and courteous to other drivers and do not take their actions personally.
- Reduce your stress on the road by allowing enough time to reach your destination.
- Plan your route in advance and alter your schedule or route around busy roads.
- If you're going to arrive late, accept it and avoid aggressive driving.
- Make every attempt to move out of an aggressive driver's way.
- Ignore gestures presented by aggressive drivers and do not make eye contact.
- Report aggressive driving to the police.
- Provide a vehicle description, license plate number, location and the direction of travel.



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