

Trucking Safety Rules

Always follow these company safety rules.

Our company, _____, is committed to the safety of our employees and customers. Our safety rules and policies are in place to prevent work-related deaths, injuries, damages, and wasteful financial losses.

We require you to follow the written safety rules below when performing work on behalf of our company. Our organization investigates all injuries, incidents, hazard reports, and property damage.

You are expected to follow these safety rules. Documented corrective action will result if the safety rules are not followed.

- Report injuries, incidents, unsafe conditions, and damage to management before your shift ends.
- Contact your supervisor/dispatcher whenever an injury or after-hours incident occurs or for any other business-related emergencies.
- Employees are prohibited from working while impaired by alcohol, medications, legal substances, or illicit drugs. Our company performs post-incident drug and alcohol screenings.
- Horseplay on the job is strictly prohibited.
- Drivers and passengers must wear seat belts when using vehicles for company business.
- When the truck is in motion, and a co-driver occupies the bunk, the safety restraint strap should be used.
- Handheld cell phone or electronic device use while driving is prohibited, as your eyes must be on the road.
- Plan your route in advance. Do not attempt to use electronic maps while driving.
- Perform a safety check on the tires, brakes, lights, mirrors, and glass prior to driving. Do not drive a truck that will not pass an official inspection.
- Safe and courteous driving is required. Follow speed limits. Do not tailgate and maintain a safe following distance.
- When weather or traffic conditions deteriorate, slow down, and drive at a speed appropriate for the conditions.
- Maintain the truck in the center of the driving lane, scan the roadway ahead, and always be ready to stop.
- Drive rested. Pull over and rest if you are drowsy. Take an appropriate break when you have exceeded your daily driving hours limit.
- Do not jump from any part of the truck. Prevent injuries by using three contact points when mounting and dismounting.
- Use only approved standing platforms when working on elevated truck areas.
- Get out of the truck to look before backing.
- Use an extension handle to pull the fifth-wheel release handle.

